



Worship and Connect



Directory

November 2015

Directory of Inter-Church Ministries in Caithness and North Sutherland

Let us hold unswervingly to the hope we profess, for He who promised is faithful. And let us consider how we may spur one another on to love & good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another - and all the more as you see the Day approaching.

Hebrews 10:23-25



This is not an exhaustive list of inter-church ministries available in Caithness & North Sutherland. Only those ministries who replied to our invitation to be included in the Worship & Connect Directory are represented here. If you are involved in any other ministry which involves Christians from more than one fellowship and you wish to be included in any future update to this directory then please contact us at The **Light Factory**:

jennifer@guygordon.plus.com

Inter-Church Ministry Categories

Some of the ministries could have been included in different categories, but for simplicity they are:

Caring and Meeting Needs	p3 - 4
Children, Youth and Families	p4 - 5
Courses	p6
Evangelism and Outreach	p7
Resources	p7
Prayer and Worship	p8 - 11
Informal Fellowship	p12 - 14

Our Remit

Our remit here is to **facilitate worship and connections** between Christians, not to intimately vet the individual ministries or have any input into them ourselves. Once the initial introduction has been made (at a worship and connect event, by the booklet, by email or on a website) it would be up to individuals and churches to take responsibility for their own involvement under the guidance of the Holy Spirit.

Why INTER church?

We advertise ministries which already involve the participation of Christians from **more than one** fellowship or who wish to open up to the participation of folk from other fellowships. We appreciate that most ministries, quite rightly, will continue to be run by local churches, each with our own unique place in our communities. However, if we are connected with those who share similar ministry passions to our own then we can also work together towards the vision that God has given us all.

If God has given you a vision for a particular ministry but you haven't got it off the ground yet, then please contact us so that we can pass your details on to others who may share a similar vision.

St John's Singers

A musical group open to all ages & abilities, for church & non-church members. We meet on Wednesday afternoons at 3:45 to 5:15pm in St John's Church Hall and are always keen to have new members. We sing a variety of music, ranging from pop music to light classics & some of us lead singing at special services.

Contact: Patricia Stanley
St John's Church Hall, Moray St, Wick
patricia270746@aol.com
Website: stjohnswick.org.uk

Thurso Ladies United Fellowship

As some of the ladies groups were struggling it seemed good to unite together & share the responsibility. We meet at either Thurso Baptist or St Peter's & St Andrew's on the last Monday of the month at 7:30pm. We want to encourage ladies from within our community to feel they can come and join with us for a time of sharing & fellowship, with a varied programme.

Contact: Kitty Mackay
6 Couper Street, Thurso
kittymackay@btinternet.com

Craft n Chat

Meeting at Thurso Baptist Church on the first and third Wednesdays of every month from 2pm till 4pm. The aim is to come together for company, a cuppa & a chat while we learn and share with each other different crafts.

Contact: Morag McKellar
Claredon Place, Thurso
mary@inwego.net
Website: thursobaptistchurch.com

Caithness Foodbank

Everyday people in Caithness are struggling to put food on the table. Reasons range from redundancy to receiving an unexpected bill on a low income. Caithness Foodbank aims to provide a minimum of three days emergency food and support to local people in crisis.

Contact: Jane Coll (chair)
13 Princes St, Thurso, KW14 7BQ
info@caithness.foodbank.org.uk
Website: www.blythswood.org/#!highland-foodbank/c1ma7

Christians Against Poverty

CAP are passionate about releasing people from a life sentence of debt, poverty and their causes, all run through local churches. We have run 2 CAP money courses in Caithness so far but need more volunteers to train & help us.

Contact: Richard & Alison Sharp
55 Brownhill Road, Thurso
richard@sharp59.freeseve.co.uk
National website: capuk.org/

Thurso ACTS Group

This is a small informal group from any church. We take the Old Folks Services in Thurso at Bay View & Pentland View on the rota with other churches & organise an annual Carol and Gift Service in aid of local needy children and teens.

Contact: Ben MacGregor
Curlew Cottage, Hilliclay Mains, Weydale, KW14 8YN
ben@curlewcottage.com

Visiting the Elderly

Informal visits (not services) to chat with the elderly in local care homes - would you like to join us on a rota system?

Contact: Elsie Couper
17 Duncan Street, Thurso, KW14 7HU
ecouper@btinternet.com

Children, Youth & Families

Light Factory (Holiday Clubs)

Primary children & their families learn about faith in the God of the bible in a fun & creative environment with leaders from several churches who are committed to demonstrating God's love in a real & sincere way. We run a 3 day Easter Film Festival, a 5 day summer club and a Big Game Day in the autumn.

Contact: Kitty Mackay
6 Couper Street, Thurso
kittymackay@btinternet.com
FaceBook page: Light Factory Holiday Club

Lite FX

The youth arm of Light Factory, which meets during the evenings of the summer club for fun, fellowship & learning about faith. We are also committed to raising up future leaders so we train up a group of interested teenagers each year (in the weeks running up to the holiday clubs) to help run some of the children's activities at the Light factory.

Contact: Alison Sharp & Faye Sutherland
55 Brownhill Road, Thurso
richard@sharp59.freeseve.co.uk
jesusforgives@hotmail.com

Men's Breakfast

Meeting the 1st Saturday of the month, 8:30am at St Peters & St Andrews Church Hall, Thurso - men from any church can bring unchurched friends/family simply for food and fellowship, to let them see how "normal" Christian men are and encourage them to attend church and find Jesus for themselves.

Contact: Mike Gordon
71 Princes St, Thurso, KW14 7DH
mike.gordon1@btinternet.com

Open Wednesdays

We provide a warm and comfortable place for anyone to socialise over a hot drink and cake/biscuits each Wednesday from 10:30am to 12:30pm at Thurso Episcopal Church. We have regular attendees from 3 churches as well as non church goers. We accept donations to cover the cost of refreshments.

Contact: Charlotte Lowe
Thurso Episcopal Church, Sir George's St, Thurso
cslowe@tiscali.co.uk

Poltney Ringers

Meeting in St John's Church Hall, Wick on Tuesdays from 10am to 12:30pm. If you've always wanted to learn an instrument & would like a new hobby then new members are always welcome to learn to ring American handbells - the ability to read music is not a pre-requisite! Or just pop in to enjoy listening.

Contact: Lyn Ball
St John's Church Hall, Moray St, Wick
lyn.skirza@gmail.com
Website: stjohnswick.org.uk

Drop-in Café/Hub

To alleviate loneliness (particularly amongst elderly) & create an opportunity for isolated folks to gather, have a cuppa & blether, share stories/recipes/knitting patterns, play board games, read & enjoy friendship. To create a meeting space for folk travelling to the Castletown Doctor's Surgery who have to wait for a bus back home. We also hope to start Road to Recovery & a weekly lunch club.

Contact: Rev & Mrs H Stone
Free Church Manse, Castletown, KW14 8TP
howards@talktalk.net cairistionastone@hotmail.com
Facebook Page: Castletown & Community Free Church

Joint Monthly Coffee Morning

Olig Church of Scotland join with Castletown & Community Free Church on the first Tuesday of the month for a joint Coffee Morning in Castletown Drill Hall, 10.30am to 12noon. The aim is to foster good relations between the churches, welcome others from outwith the community & promote friendships.

Contact: Rev Howard Stone
Free Church Manse, Castletown, KW14 8TP
howards@talktalk.net

Meet & Make

We provide a warm and comfortable place for anyone to come & socialise with their crafts over a hot drink & biscuits. Our aim is for people to get used to the church building as a good place to come and to interact with a variety of people. We meet on the 1st Tuesday of the month, 1:45 - 3pm, Thurso Episcopal Church.

Contact: Charlotte Lowe
Thurso Episcopal Church, Sir George's St, Thurso
cslowe@tiscali.co.uk

Mothers' Union

Promotes stable marriage, family life & protection of children through praying, enabling & campaigning. We meet on the first Tuesday of each month at Thurso Episcopal Church from 1pm to 1:45pm. Anyone baptised in the Trinity and prepared to follow the MU objectives can be a member, regardless of gender, marital status, or parenthood.

Contact: Judith Middlemas
Thurso Episcopal Church, Sir George's Street, Thurso
jam.scrabster@btinternet.com
National website: www.mothersunion.org

Scripture Union

To share the good news of Jesus with children & young people across the county through school groups & residential camps. We would love more leaders so that every school in the county could have access to their own SU group.

Contact: Hazel Walker
Beech Cottage, Stemster
walkerhazel@hotmail.com
National website: www.suscotland.org.uk/

Thurso Youth Church

To make God accessible to young people, from S1 to S6 and beyond, and to enable them to develop their own relationship with Christ. Leaders and youth are affiliated with several different churches, but meet at St Peter's & St Andrew's Church of Scotland, Thurso at 7pm on Wednesdays.

Contact: Alison Sharp & Faye Sutherland
55 Brownhill Road, Thurso
richard@sharp59.freeseve.co.uk
jesusforgives@hotmail.com

Alpha Course

Alpha is an evangelistic course which seeks to introduce the basics of the Christian faith through a series of talks and discussions. Several local churches have run it in the past & may be open to others joining with them in the future. This year Thurso Baptist Church have run the Alpha Course at the Blue Door Diner for anyone to join.

Contact: Rev Mark Smith
6 Pennyland Drive, Thurso
thurso.hope@gmail.com

Christianity/Discipleship Explored

To encourage any with an interest in Christian things to find out more in an informal, relaxed setting. Our desire is to see people coming to faith and once the initial course is complete, Discipleship Explored is a very suitable follow on. Again, several churches may do these courses from time to time & may be happy for others to join them in the future.

Contact 1: Rev Mark Smith, as above
Contact 2: Rev Howard Stone
Free Church Manse, Castletown, KW14 8TP
howards@talktalk.net

Family Time Course

To provide a biblical model for parenting in an honest & friendly environment. Parents are able to create a vision for their families rather than simply reacting to the situations they find themselves in. We have run this 6 week course twice in the past, in 2 different locations, through Light Factory.

Contact: Guy & Jennifer Gordon
13 Duncan Street, Thurso, KW14 7HU
jennifer@guygordon.plus.com

Worship & Connect

To facilitate the opportunity for local Christians to worship together as the Body of Christ in Caithness a few times a year, to encourage each other, and to connect with others who may have similar passions as themselves for local ministry.

Contact: Guy & Jennifer Gordon
13 Duncan Street, Thurso
jennifer@guygordon.plus.com
See website: caithnessprayer.org.uk

Worship & Prayer

To provide the opportunity for extended times of worship & prayer, as and when God directs. Meeting at Scafskerry Baptist Church, the most northerly church on the mainland - feel free to drop in and out.

Contact: Ann MacArthur
'Gairloch,' Scafskerry, Caithness
archie.scafskerry@gmail.com

The Filling Station

With support of the national network of Filling Stations we start monthly celebration meetings on the last Friday in January, with high quality speakers, contemporary worship & powerful, accessible prayer ministry - open to folk from all churches & none to meet with God & be refreshed & renewed to go out.

Contact: Ann Brock
Rose Cottage, Gillock, KW1 5UR
Ann.macinnis@btinternet.com
National Website: thefillingstation.org.uk/

Prayer Group

We welcome everyone to come into God's presence in an oasis of peace and quiet reflection. Prayer is contemplative. We meet on the 3rd Tues of each month 1.00 – 1.30pm in Thurso Episcopal Church.

Contact: Sue Berry
Thurso Episcopal Church, Sir George's Street, Thurso
Please text 07949553377

Thurso Harbour Lighthouse Fellowship

Our aims are seeking and worshipping God and the advancement of his kingdom. We do post events online to try and keep folk up to date. We meet for Praise & Prayer on Sunday evenings at 8pm at Café Tempest, Thurso.

Contact: Christine & Louise MacInnes, Ann Brock, Richard Sharp
Café Tempest, Thurso Harbour
thursoharbourlf@yahoo.com
Website/Facebook: cafetempest.co.uk/Harbour-Lighthouse-Fellowship

Wallbridge House of Prayer

Helping individuals grow deeper in their walk with Jesus Christ. A place of blessing and stillness, promoting intimacy with God. Prayer, mentoring, bible studies and individual guided retreats.

Contact: Mike & Livia Wallbridge
Watten House, Banks Road, Watten, KW1 5YL
liviawallbridge@yahoo.co.uk
mikewallbridge@gmail.com

Caithness Churches Festival Committee

Caithness Churches working together to organise county wide outreaches and events every year since 2009 - see <https://vimeo.com/87627679> for highlights.

Contact: Kenny Cormack
'Petra,' Mid-Keiss, Keiss, KW1 4XF
kennycormack@btinternet.com

Lybster Churches & beyond working together as friends to tell people about Jesus & keen to work alongside our extended family of Christ in the north for the glory of God.

Contact: Jim Morrison, Free Church Manse, Lybster
jandcmorr@fiscali.co.uk

Resources

Christian Institute/Trinitarian Bible Society

Gospel tract distribution in local hotels, B & Bs and caravan sites.

Contact: Elsie Couper
17 Duncan Street, Thurso, KW14 7HU
ecouper@btinternet.com

Scottish Bible Society - Thurso Action Group

Provide bibles, gospels & scripture portions in Thurso & along the north coast. Meeting monthly to pray, plan & distribute the Alive & Active magazine to local churches. Donations to Thurso Action Group fund free distribution of literature locally in a language & form that folk can easily access at an affordable price. We also support SBS appeals in other countries.

Contact: Catherine MacGregor
Curlew Cottage, Hilliclay Mains, Weydale, KW14 8YN
catherine@curlewcottage.com

Caithness Prayer

Providing opportunities for local Christians to unite in prayer through 24-7 Prayer/prayer rooms and united Praise & Prayer events as God directs.

*As we persevere in **humble, repentant & united** prayer, God will "hear from heaven & heal our land." Let's pray in God's Kingdom together!*

Contact: Guy & Jennifer Gordon
13 Duncan Street, Thurso
mail@caithnessprayer.org.uk



See website for further info: caithnessprayer.org.uk

Kingdom Enforcers

Equipping believers to actively engage in enforcing the Father's will through faith filled prayer/prophetic and creative warfare and the actual practice of the same. *"The kingdom of heaven suffers violence and the violent take it by force"*
Meets first Sunday of each month 2-3:30pm at Mid-Clyth Village Hall.

Contact: Carol Monteith

carolpratt77@gmail.com

Last Sunday at Freswick

An informal time of worship & prayer on the last Sunday of each month at 6:30pm in the inspiring surroundings of Freswick Castle. Worship time will last 45 minutes to an hour at most, followed by light refreshments and plenty of opportunity to meet with others from across the county as we encourage each other in our own walks.

Contact: Ben MacGregor
Curlew Cottage, Hilliclay Mains, Weydale, KW14 8YN
ben@curlewcottage.com

MOSAIC Ladies Group

This group meets every Tuesday at Castletown Free Church Manse from 12:30 to 2:30pm to pray, praise, discuss, read God's word & learn together. We offer companionship to any who may feel lonely or isolated while we encourage each other in our faith. Bring your own lunch and we'll put the kettle on!

Contact: Christine Stone
Free Church Manse, Castletown, KW14 8TP
cairistionastone@hotmail.com

Northern Lights

Meeting every 3-4 months at Mid-Clyth Hall to facilitate unity and love amongst Christians (across the region) who would not otherwise come together as His Body to pray and minister to the Lord together as 'one voice'. To give opportunity to share the prophetic and to encourage one another.

Contact: Carol Monteith

carolpratt77@gmail.com

Prayer & Praise, Caithness

To gather with prayerful Christians county-wide who share a burden for (a) Revival within ourselves as Christians and (b) Awakening for the lost of our various & varied communities. Meets on the first Saturday of each month (unless otherwise intimated) at Castletown Free Church Hall - drop in and out between 10:30am and 2pm.

Contact: Rev Howard Stone
Free Church Manse, Castletown, KW14 8TP
howards@talktalk.net
FaceBook page: Castletown & Community Free Church
